

HOW AROMATHERAPY CHANGED MY LIFE ▼ HERBS AS HEALERS ▼ CAN PRAYER HEAL?

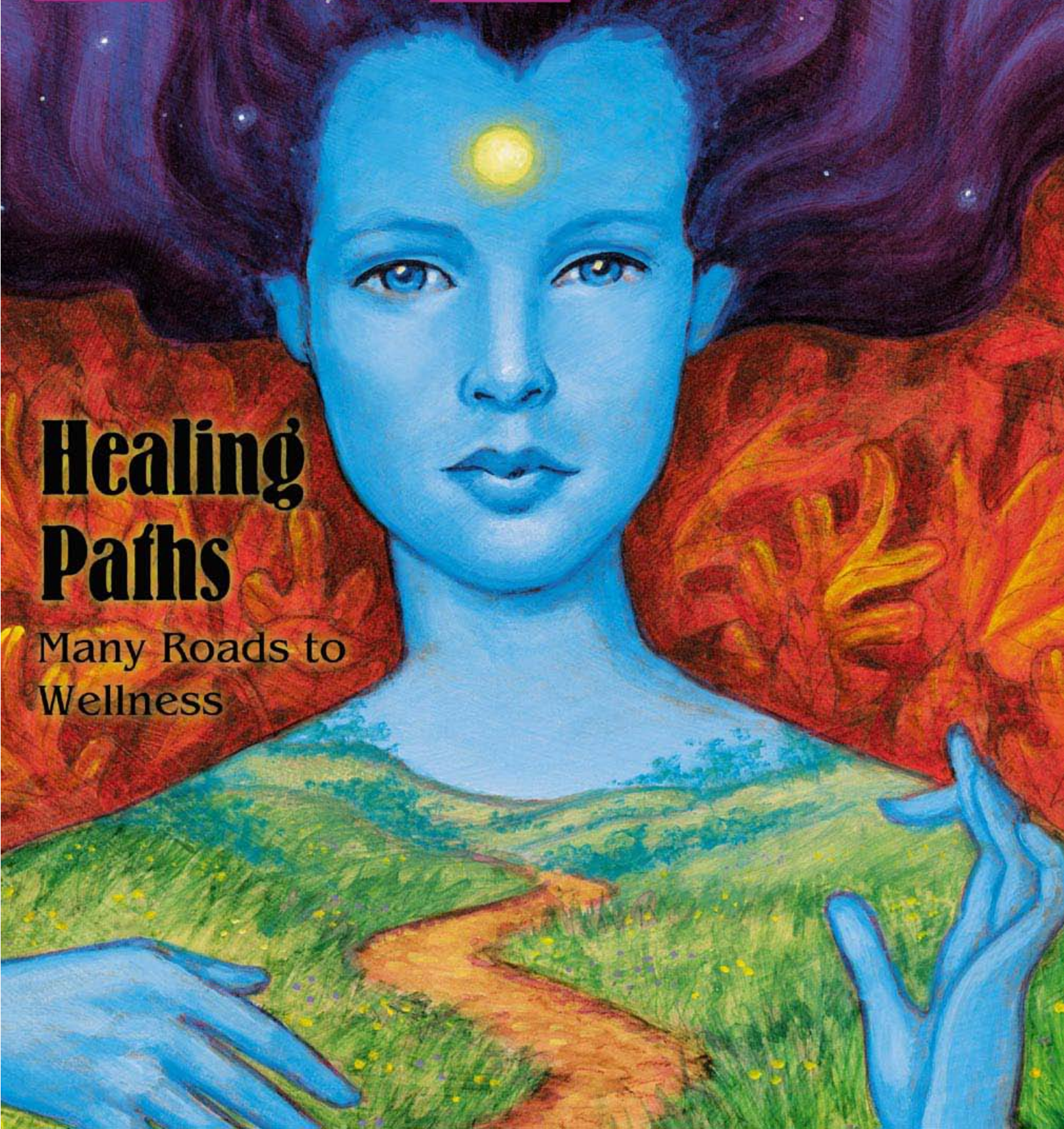
#34 Winter 2003

PANGAIA

EARTHWISE SPIRITUALITY

Healing Paths

Many Roads to
Wellness



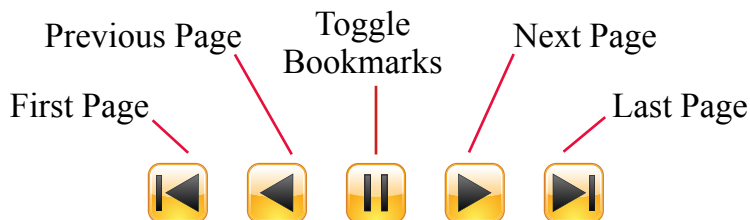


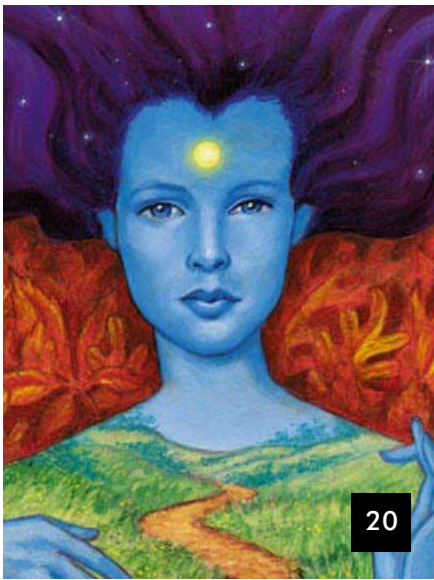
Magazines that feed your soul and liven your spirits.



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COVER: HEALING PATHS

HERBS AS HEALERS: ALTERNATIVE FORMULAS FOR TREATING

CANCER Hundreds of herbs have been used to treat cancer from the time of the ancient Greeks to the present. This article describes two of the most popular herbal therapies in use today. *By Leah Samul, artwork by Gregory Hartman ... 20*

THE HEART OF HEALING: HOW AROMATHERAPY CHANGED MY LIFE

As the healing oil worked its magic, sweetly soothing away my anxiety, I thought I heard Her voice. *By Wendy Bone, illustration by Sabrina Underwood ... 25*

EMPATHY: THE PASSION WITHIN

Empathy is the living center of emotional healing. Everybody knows it's essential. Many of us even think we can define it. But there is no consensus about its definition. *By Judy Harrow, artwork by Gregory Hartman ... 27*

DO YOU HEAR WHAT I'M SAYING?

EMPATHY IN SPECULATIVE FICTION

By Elizabeth Barrette ... 31



ON A WING AND A PRAYER: CAN PRAYER HEAL?

Dr. Larry Dossey has spent the last three decades trying to answer one simple question: can prayer heal? *By Phyllis Edgerly Ring ... 32*

BUT WHAT DO WE DO IF IT WORKS?

Thoughts on the ethics of studying therapeutic prayer. *By Elizabeth Barrette ... 35*

FEATURES

SPIRIT OF THE LAND: ADVENTURE AT KRYSUVIK

I sensed how much better respect for the "land spirits" matched this volcano-scape than any newer faith from Norway or Rome.

By Carole Spearin McCauley, artwork by Gregory Hartman ... 38

EATING THE SALMON OF WISDOM:

DEEP ECOLOGY & THE CELTIC IMAGINATION

To contemplate the flowing curves and spirals of Celtic art is to get a glimpse into the way the early Celts perceived the web of life.

By Mara Freeman, artwork by Gregory Hartman ... 41

WRITING FROM A WILD PLACE

Two years ago a friend said, "Write it down, all of it." I know now that I have been writing to save my life. *By Bill Coolidge, artwork by Gregory Hartman ... 45*

LISTENING TO TREES

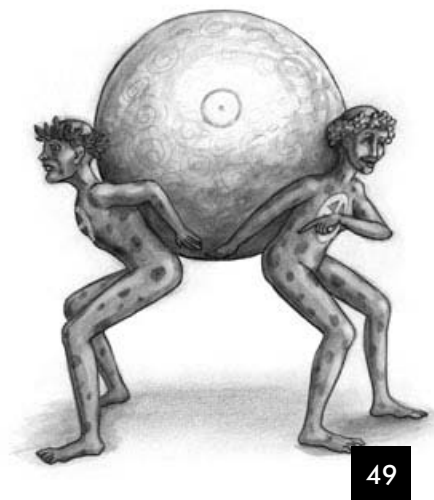
In general, trees are balanced beings. Calm and centered, they are used to the comings and goings of faster forms of life: insects, squirrels, winged species, deer, cats and humans. *By Ellen Evert Hopman artwork by Gregory Hartman ... 47*

CREATING THE PAGAN FUTURE:

ACCOUNTABILITY AND RESPONSIBILITY

Being responsible and being held accountable are all about building trust. While some of this trust-building happens on a personal level, it is the demonstration of responsibility and accountability over time that builds trust in institutions.

By Cairril Adaire, artwork by Gregory Hartman ... 49





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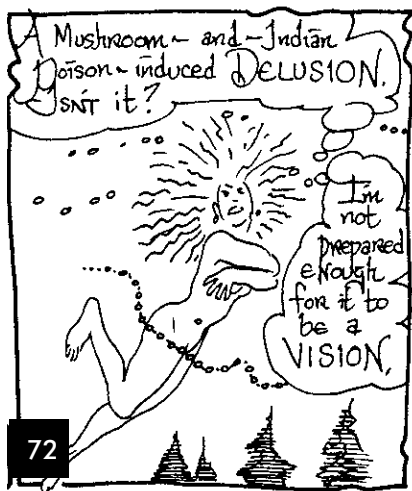
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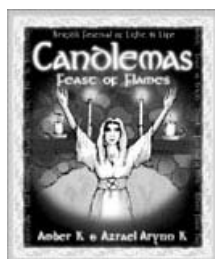
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ABOUT THE COVER ARTIST

Gregory Hartman is a freelance illustrator living in the Pacific Northwest. He works in a wide spectrum of media, including packaging design, posters, and children's books. His murals appear in France, Germany, Ireland and New Zealand. Contact him at: likelove3@hotmail.com.